Video use in reflective practice: experience from educating speech and language therapy students

Jane Stokes
Senior Lecturer, University of Greenwich
Keena Cummins
Independent speech and language therapist
Clinical Tutor City University
Reflecting

I felt this

I saw this
I’m doing this

You’re doing this
EMPOWERMENT (Protheroe 2002)

ACTIVELY INVOLVED

REFLECTION ON ACTION AND REFLECTION IN ACTION
(Schön 1990)

CONNECTING FEEDBACK TO ACTUAL EXAMPLES
(Le Fevre 2004)

HIGHLIGHTING STRENGTHS
(Cummins and Hulme 1997)
EXPERIENTIAL LEARNING
EVIDENCE AND EXPLORATION
KNOWLEDGE AND BELIEFS
WHAT INDIVIDUAL KNOWS ALREADY
MORALE- IMPACT – ADAPTATION – POSITIVE OUTCOME
IMPLEMENT AND TEST THE HYPOTHESIS
EYES OF AN OBSERVER INSTEAD OF A PERFORMER
Promoting Change

Self Confrontation

Self Awareness

Self Modelling

Wels 2004
Video – a powerful tool

Enjoyed watching a video, but don’t have the time to write reflectively
Forced myself to reflect
Over months/years I can see my progress
Notice things I wouldn’t have been aware of
Difficult to remember how it went without the video.
Skills you didn’t realise you had
Change mindset
Better planning
Reflective practice?
Why the resistance
Time, tools and support

- What can be taped, how it can be taped and how it can be of benefit (Brophy 2004)
- Intentional ways for intentional goals (Le Fevre 2004)
- Connecting feedback to actual examples – making sense of the data
- Use of self rating scales
How to go forward?
References

• Cummins and Hulme (1997) Video: a reflective tool in *Speech and Language Therapy in Practice*
• Schön (1990) Educating the reflective practitioner: San Francisco
• *Using Video in Teacher Education, 10*(1), 235-258.
• Wright (2008)How does video anaylsis impact teacher reflection-for-action PhD dissertation Brigham Young University accessed
Highly recommended reading
Kennedy, Landor and Todd (2011)
Video Interaction Guidance: A relationship-based intervention to promote attunement, empathy and wellbeing

Soundtrack
Neanderthal by Kaki King
Contact details

Jane Stokes, Senior Lecturer
Speech and Language Therapy
University of Greenwich
j.stokes@gre.ac.uk
0208 331 9193

Keena Cummins
Independent Speech and Language Therapist
Clinical Tutor
City University
keena@keenacummins.co.uk
07985 944 072